Setting Parental & Safety Controls on Smart Devices



by

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1. The Router



Buy a Home Wifi Router that allows a Parent to control different levels of access on different devices within the home network as well as also allowing insights into your children's online activities



2. The Phone & Tablet



As with computers, the phone and tablet can be set up with parental controls that allows the parent administrator to specify exactly what other users (children) can and can't do with their smart device.



Using the iPhone as the example of a hand-held smart device, the parental controls can be found in the 'Screen Time' section of the 'Settings' app.

Users though have the option of ignoring or postponing the time restrictions when they commence. But by their very nature, they still act as a reality check on users' time.



On the Screen Time Menu select 'Screen Time Passcode'

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Settin	gs Screen Time	
Update	ed today at 15:31	
Q'st	Downtime Off until schedule	>
I	App Limits Set time limits for apps.	>
٢	Communication Limits Set limits based on contacts.	>
Ø	Always Allowed Choose apps to allow at all times.	>
0	Content & Privacy Restrictions Block inappropriate content.	>
Chan	ge Screen Time Passcode	
Share	e Across Devices	
You ca to repo	an enable this on any device signed in to in ort your combined screen time.	Cloud
Turn	Off Screen Time	

As the administrator you can set up a password that allows you to have sole control access to different types of websites, limitations of time spent on apps etc.

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Set Passcode Cancel

Set a Screen Time Passcode

12:42



One option shown under the main Screen Time menu is 'Content & Privacy Restrictions' where controls can be put in place to limit access.

📶 eir ᅙ 15:31 7 81% **<** Settings Screen Time Updated today at 15:31 Downtime Q's > Off until schedule App Limits X > Set time limits for apps. **Communication Limits** > Set limits based on contacts. Always Allowed ~ > Choose apps to allow at all times. **Content & Privacy Restrictions** \odot > Block inappropriate content. **Change Screen Time Passcode** Share Across Devices You can enable this on any device signed in to iCloud to report your combined screen time. Turn Off Screen Time

Select 'Content & Privacy Restrictions'

followed by 'Content Restrictions'

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Back C	ontent & Privacy Restric	tions
Content	t & Privacy Restrictions	
iTunes &	& App Store Purchases	>
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PRIVACY		
Locatio	n Services	Allow >
Contact	ts	Allow >
Calenda	ars	Allow >
Remind	ers	Allow >
Photos		Allow >
Share M	ly Location	Allow >
Bluetoo	th Sharing	Allow >
Microph	none	Allow >

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Select the option ' Allow All Apps'

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<	Back Content	Restrictions	
	ALLOWED STORE CONTE	NT	
	Music, Podcasts, Ne	ws & Workouts Ex	>
	Music Videos	On	>
	Music Profiles	On	>
	Movies	Allow All Movies	>
	TV Shows	Allow All TV Shows	>
	Books	Clean	>
	Apps	Allow All Apps	>
	App Clips	Allow	>
	WEB CONTENT		
	Web Content	Unrestricted Access	>
	SIRI		
	Web Search Content	Allow	>
	Explicit Language	Don't Allow	>
	GAME CENTER		

which offers a range of accessibility controls based on age.

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K Back	Apps	
Don't Allow	Apps	
4+		
9+		
12+		 Image: A start of the start of
17+		
Allow All App	os	

Selecting the 'Web Content' option in 'Content Restrictions' provides a range of access controls.

✓ Back Web Content WEB CONTENT Unrestricted Access Limit Adult Websites ✓ Allowed Websites Only

Limit access to many adult websites automatically. Specific allowed and restricted websites can be added below.

ALWAYS ALLOW:

Add Website

NEVER ALLOW:

Add Website

Returning to the main Screen Time menu, select 'App Limits'

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Settin	ngs Screen Time	
Updat	ted today at 15:31	
Q'st	Downtime Off until schedule	>
I	App Limits Set time limits for apps.	>
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Ø	Always Allowed Choose apps to allow at all times.	>
0	Content & Privacy Restrictions Block inappropriate content.	>
Char	nge Screen Time Passcode	
Shar	re Across Devices	
You co to rep	an enable this on any device signed in to io ort your combined screen time.	Cloud

Turn Off Screen Time

This allows you as the administrator to set the amount of time allowed for each individual app.

Screen Time App Limits App Limits Image: Constraints Set daily time limits for app categories you want to manage. Limits reset every day at midnight. Alison & App Inventor 1min, Every Day Games 1hr, Every Day

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11:21

Selecting the 'Downtime' option in the Screen Time main menu allows the administrator after inputting the passcode to set up the times of the day when apps are available.

During Downtime, access to individual apps can be allowed.

Please note that telephones calls are available 24/7 if the phone is not turned off. 11:18

⊅ 26% 🔳

< Screen Time

Downtime

During downtime, only apps you choose to allow and phone calls will be available.

Turn On Downtime Until Schedule

Downtime will be turned on until schedule resumes.

Scheduled



Scheduled turns on downtime for the time period you select. A downtime reminder will appear five minutes before downtime.

Every Day	\checkmark
Customise Days	
From	22:00
То	07:00

Downtime will apply to all your devices signed in to iCloud with Share Across Devices enabled. A downtime reminder will appear five minutes before downtime begins.

Block at Downtime

3. A popular Social Media App – e.g. TikTok



TikTok is one of the most popular social media platforms for young people, used for creating, sharing and discovering short videos.

As with most social media platforms, there is a minimum age of 13 years which many pre-teens overcome by giving a false date of birth.



As too much time spent on social media and gaming platforms/apps can have serious negative impacts on users' wellbeing and lead to addiction, it is best to use the 'Screen Time' option in 'Settings and Privacy' menu to impose time limits on the app.

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<	Screen time	i
Daily screen tin Get notified if you	ne reach your time on TikTok.	1h 30m >
Screen time bree Get reminded to ta	eaks ke breaks from scrolling.	20m >
Sleep reminder Get reminded abou	' S It your sleep time.	10:00 PM >
Weekly screen Stay updated on yo	time updates our time from your Inbox.	
The Restricted Mor and privacy > Con	de option has been moved tent preferences.	d to Settings ×
Summary Your weekly metrics This week Dec 17, 2023–Dec 2	include your time on the app 23, 2023	o and on tiktok.com.
Time spe	nt Tiki	Fok opened

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In 'Settings and Privacy' there is the option under 'Family Pairing' to get notifications of your son or daughter's activity on TikTok by linking their account to your own account.

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Content & Disp	blay	
Notification	ons	>
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This can be done by scanning the QR code over your son or daughter's TikTok on their device as per the instructions on the image on the right.

However this action is not always advisable or fruitful as teenagers understandably wish to have their own privacy on social media.

20:05 4 46% Link accounts Scan code to link accounts Output

Follow these steps on your teen's account:

 Log in to TikTok
 Go to Settings and privacy, tap Family Pairing, then select Teen
 Scan the QR code to link accounts

Or

Send invite to link accounts

You can send an invite to your teen to link accounts.

Send invite

The 'Privacy' option in Settings and Privacy allows the user to control Comments, Mentions and Tags.

Privacy

Discoverability

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Private account

With a private account, only users you approve can follow you and watch your videos. Your existing followers won't be affected.

Activity status

this on.

When this is turned on, you and the followers you follow back will see each other's activity status. You will see each other's activity status only when both of you turn

Suggest your account to others		>
Sync contacts and Facebook	friends	>
Interactions		
Comments		>
Mentions and tags		>
7 Messaging	Suggested friends	>
✤ Story	Everyone	>

Comments



Mentions

∎ eir 奈 12:46	7 3%	
< Mentions an	d tags	
Tags	People you follow >	
Choose who can tag you in their	videos	
Mandiana	Decele your fellow)	
Mentions	People you tollow >	
Choose who can mention you in their descriptions, stickers, comments, and stories		
Mentior	ns X	
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Tags

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< I	Mentions and tags	
Tags	People	you follow >
Choose who can	tag you in their videos	
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Choose who can stickers, commer	mention you in their descr nts, and stories	riptions,
	Tags	×
Who can tag you	in their videos?	
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No one		

The 'Activity Center' option in Settings and Privacy allows the user to view the history of what was watched, what was searched for and what was commented on.

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<	Activity center	
C Wate	h history	>
Comi	ment history	>
Q Sear	ch history	>
Mana	age post visibility	>

The 'Content Preferences' option in Settings and Privacy allows the user to filter out videos that use keywords in their video descriptions and/or stickers.

Image: Image:

>

>

>

>

Video keywords

When you filter a keyword, you won't see videos in your "For You" or "Following" feeds that contain that word in the video's description or stickers. Certain keywords can't be filtered.

Add keyword

4. The Laptop & Desktop Computer (e.g. Apple)



Laptop

Go to 'Parental Controls' in 'System Preferences'.

In Parental Controls, the administrator can set up accounts for the different users of the laptop, what each user can access on the web, what apps they can use and what times they are allocated to use it.







Parental controls let you manage your children's use of this computer, the applications on it and the Internet.

To change parental control settings, click the lock icon to enter the name and password of an administrator.

Manage parental controls from another computer

To access this computer to change parental control settings, you need the name and password of an administrator of this computer.



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Click the lock to prevent further changes.

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5. YouTube - The veteran Online Popular Video Sharing Platform



There is an option that allows one to restrict access to adult content on YouTube, the very popular video sharing application, that is available on both mobile smart devices and tabletop computers/laptops.

Go to YouTube and use the Log in option to set up a YouTube account.

On a tabletop device (e.g. laptop) go then to the top right hand corner and click on your profile icon.

Click on the 'Restricted Mode' option on the dropdown menu and select 'Restricted Mode'.



'Restricted Mode' only works for the browser that you are currently using.It would have to be set up for any other browser available on the device.

Restricted Mode

This helps hide potentially mature videos. No filter is 100% accurate.

This setting only applies to this browser.

ACTIVATE RESTRICTED MODE



Restricted Mode lock prevents others from changing the Restricted Mode settings on this browser.

Lock Restricted Mode on this browser

'Restricted Mode' also stops any 'comments' appearing underneath videos.

This is quite useful as it can be deeply upsetting for a child or indeed anyone to view horrible messages from nasty people. This is especially the case where such messages appear under videos made by the children themselves.



The Pogues - A Rainy Night In Soho



 ThePoguesOfficial
 Subscribe

 179K subscribers
 Subscribe

6.7M views 10 years ago No. 10 top music video The Pogues 3030 The Essential Collection is available for Pre-Order Now!

http://amzn.to/ZrGluV ...more



Restricted Mode has hidden comments for this video.

ഹ് 33K

YouTube phone app

On a phone, go to the YouTube App and select the 'Settings' icon on the top right-hand corner of the screen



YouTube phone app

On the dropdown menu that appears, select the 'General' option



YouTube phone app

Turn 'Restricted Mode' on

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< General		
Remind me to ta	ke a break	
Remind me when	n it's bedtime	
Appearance		Use device theme
App language		English
Restricted Mode	9	
This helps to hide potentially mature videos. No filter is 100% accurate. This setting only applies to this app on this device		
Skip forward and	d back	10 seconds
Show in-video ir	fo cards	-
Allows creator info cards to appear on videos. This doesn't affect ads that may appear on videos.		
Watch on TV		
Location		United States
Stats for nerds		

Google Family Link

